

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Girls 100 Meter Dash**

Section: 12.18 S 5/28/2024 Sasha Steinbach
12.52 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Addison Beier	12	Foley	12.50QUAL
2 Jayden Petersen	11	Zimmerman	12.87QNWI
3 Taylar Bockoven	12	Milaca	12.97QNWI
4 Adelynn Borich	10	Princeton	13.03QNWI
5 Emily Gardas	10	Zimmerman	13.18QNWI
6 Alaina Burney	12	Spectrum	12.96q NWI
7 Alana Spindler	9	St. Francis	13.12q NWI
8 Angelina McClure	8	Spectrum	13.16q NWI
9 Evianna Hallstrom	8	Big Lake	13.41 NWI
10 Maniyah Hopkins	7	PACT/Legacy	13.41 NWI
11 Elsa Klein	10	St. Francis	13.47 NWI
12 Rose Carson	9	PACT/Legacy	13.55 NWI
13 Leah Steenerson	12	St. Francis	13.62 NWI
14 Olivia Barke	11	Milaca	13.63 NWI
15 Lela Burdick	12	Spectrum	13.69 NWI
16 Christina Rotz	11	Zimmerman	13.78 NWI
17 Courtney Gass	12	Becker	13.83 NWI
18 Shiloh Elliott	11	Big Lake	13.83 NWI
19 Weslie Schuck	12	St. Cloud Tech	13.86 NWI
20 Nahara Kevis	11	St. Cloud Tech	13.90 NWI
21 Amelia McCormick	9	St. Cloud Tech	13.91 NWI
22 Stasi Murphy	9	PACT/Legacy	14.00 NWI
23 Alyssa Kinney	11	Becker	14.05 NWI
24 Elle Williams	9	Becker	14.27 NWI
25 Abigail Massmann	11	Sauk Rapids-Rice	14.32 NWI
26 Amaya Nelson	9	Princeton	14.42 NWI
27 Haylee Richards	12	Milaca	14.71 NWI
28 Cleo Loyal	9	St. Cloud Apollo	14.80 NWI
29 Jersie Piertzak	8	Foley	14.81 NWI
30 Amelia Reker	12	Sauk Rapids-Rice	15.07 NWI
31 Emmarie Pompey	9	St. Cloud Apollo	15.20 NWI
32 Rulena Monibah	11	St. Cloud Apollo	15.38 NWI
33 Rebekah Vocolka	12	Sauk Rapids-Rice	16.35 NWI
--- Myla Rodriguez	9	Princeton	DQ NWI
--- Kaley Johnson	8	Foley	DNS NWI

Girls 100 Meter Dash Wheelchair

Section: 27.87 S 5/30/2024 Isabella Angell

Name	Yr	School	Finals
Finals			
1 Tayla Gassman	12	Big Lake	J28.02 1
2 LiYun Nelson	11	St. Cloud Tech	J28.22 NWI

Girls 100 Meter Dash

Section: 12.18 S 5/28/2024 Sasha Steinbach
12.52 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Addison Beier	12	Foley	12.52 QUAL

2 Jayden Petersen	11	Zimmerman	12.83 8
3 Alaina Burney	12	Spectrum	12.99 6
4 Alana Spindler	9	St. Francis	13.00 5
5 Emily Gardas	10	Zimmerman	13.02 4
6 Adelynn Borich	10	Princeton	13.03 3
7 Angelina McClure	8	Spectrum	13.06 2
8 Taylar Bockoven	12	Milaca	13.09 1

Girls 200 Meter Dash

Section: 24.69 S 5/30/2024 Emelia Skistad
25.85 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Addison Beier	12	Foley	25.14QUAL
2 Favour Adetunji	11	PACT/Legacy	25.89QNWI
3 Alaina Burney	12	Spectrum	26.35QNWI
4 Emily Gardas	10	Zimmerman	26.52QNWI
5 Charlotte Cox	10	Zimmerman	27.36QNWI
6 Josie Reckelberg	10	Becker	26.65q NWI
7 Alana Spindler	9	St. Francis	26.98q NWI
8 Brynn Nelson	8	Spectrum	27.22q NWI
9 Eliza Wagner	9	Princeton	27.26 NWI
10 Claire Carpenter	11	St. Francis	27.32 NWI
11 Lashay White	10	St. Cloud Apollo	27.42 NWI
12 Violet Huerta	11	PACT/Legacy	27.49 NWI
13 Elsa Klein	10	St. Francis	27.62 NWI
14 Adyson Arens	11	Milaca	27.74 NWI
15 Josephine Ickler	8	Princeton	27.77 NWI
16 Teegan Lohrer	10	Foley	28.00 NWI
17 Grace Voss	10	Milaca	28.07 NWI
18 Stasi Murphy	9	PACT/Legacy	28.10 NWI
19 Olivia Barke	11	Milaca	28.16 NWI
20 Janaya White	10	St. Cloud Tech	28.33 NWI
21 Sayla Dittbenner	10	Spectrum	28.70 NWI
22 Nicari Chatmon	11	Big Lake	28.78 NWI
23 Nahara Kevis	11	St. Cloud Tech	29.34 NWI
24 Myla Rodriguez	9	Princeton	29.40 NWI
25 Brielle Beierman	10	Sauk Rapids-Rice	29.62 NWI
26 Jersie Piertzak	8	Foley	29.76 NWI
27 Ella Johnson	12	Big Lake	29.81 NWI
28 Ifunanya Ibuoka	12	St. Cloud Tech	30.39 NWI
29 Evelyn Wood	10	Sauk Rapids-Rice	31.28 NWI
30 Philomena Sampson	10	Sauk Rapids-Rice	32.84 NWI
31 Rulena Monibah	11	St. Cloud Apollo	34.25 NWI
--- Ariyannah Joyner	10	St. Cloud Apollo	DNS NWI
--- Kaylyn Rickard	11	Becker	DNS NWI
--- Salayna Allen	11	Becker	DNS NWI

Girls 200 Meter Dash

Section: 24.69 S 5/30/2024 Emelia Skistad
25.85 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Favour Adetunji	11	PACT/Legacy	25.06 QUAL
2 Addison Beier	12	Foley	25.26 QUAL

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Finals ... (Girls 200 Meter Dash)**

	Name	Yr	School	Finals	
3	Emily Gardas	10	Zimmerman	26.42	6
4	Alaina Burney	12	Spectrum	26.50	5
5	Josie Reckelberg	10	Becker	27.05	4
6	Alana Spindler	9	St. Francis	27.41	3
7	Brynn Nelson	8	Spectrum	27.62	2
8	Charlotte Cox	10	Zimmerman	28.16	1

Girls 200 Meter Dash Wheelchair

Section: 55.18 S 5/30/2024 Isabella Angell

	Name	Yr	School	Finals	
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Finals

1	Tayla Gassman	12	Big Lake	J57.88	1
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Girls 400 Meter Dash

Section: 55.25 S 5/29/2025 Kaela Skistad

59.65 QUAL State Qualifier

	Name	Yr	School	Prelims	
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Preliminaries

1	Brooke Schoenecker	10	Sauk Rapids-Rice	1:00.51Q	
2	Maggie Novotny	12	Spectrum	1:02.09Q	
3	Addison Beier	12	Foley	1:03.45Q	
4	Isabella Frantesl	11	St. Cloud Tech	1:04.95Q	
5	Kylie Storkamp	11	Foley	1:02.79q	
6	Megan Larsen	9	St. Francis	1:06.05q	
7	Chantal Musa	10	PACT/Legacy	1:06.29q	
8	Lily Beck	9	Spectrum	1:06.51q	
9	Cassidy Faanes	11	St. Francis	1:07.10	
10	Elle Herzog	12	St. Francis	1:07.24	
11	Emily Coddington	8	PACT/Legacy	1:07.62	
12	Lauriel Benoit	10	Sauk Rapids-Rice	1:07.74	
13	Addyson Bates	11	PACT/Legacy	1:07.88	
14	Lucy Dusbabek	10	Princeton	1:08.25	
15	Kendyl Nicolas	9	Becker	1:09.00	
16	Kara Anderson	9	Becker	1:09.07	
17	Ingrid Hanson	9	Big Lake	1:09.25	
18	Paisleigh White	9	Big Lake	1:09.74	
19	Allyson Strandberg	12	Princeton	1:09.79	
20	Paris Pietrzak	11	Foley	1:10.86	
21	Clare Schroeder	8	Sauk Rapids-Rice	1:10.94	
22	Olivia Martin-Chaffee	11	St. Cloud Apollo	1:21.44	
---	Amelia McCormick	9	St. Cloud Tech	DNF	
---	Evelyn Small	10	Princeton	DQ	
---	Kaylyn Rickard	11	Becker	DNS	

Girls 400 Meter Dash

Section: 55.25 S 5/29/2025 Kaela Skistad

59.65 QUAL State Qualifier

	Name	Yr	School	Finals	
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Finals

1	Addison Beier	12	Foley	58.19	QUAL
2	Brooke Schoenecker	10	Sauk Rapids-Rice	1:00.39	8
3	Maggie Novotny	12	Spectrum	1:02.35	6
4	Kylie Storkamp	11	Foley	1:02.97	5

5	Isabella Frantesl	11	St. Cloud Tech	1:05.20	4
6	Lily Beck	9	Spectrum	1:05.88	3
7	Megan Larsen	9	St. Francis	1:06.11	2
8	Chantal Musa	10	PACT/Legacy	1:08.98	1

Girls 400 Meter Dash Wheelchair

Section: 2:04.68 S 5/30/2024 Emily Scheidegger

	Name	Yr	School	Finals	
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Finals

1	LiYun Nelson	11	St. Cloud Tech	J2:16.47	1
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Girls 800 Meter Run

Section: 2:18.66 S 6/2/2023 Hailee Zimpel

2:18.71 QUAL State Qualifier

	Name	Yr	School	Prelims	
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Preliminaries

1	Hope Beck	12	Spectrum	2:22.81Q	
2	Marissa Bouley	10	Zimmerman	2:23.67Q	
3	Zili Lenzner	11	St. Cloud Apollo	2:24.15Q	
4	Katelyn Brower	12	Becker	2:24.41Q	
5	Maren Nelson	11	St. Cloud Tech	2:25.45q	
6	Adele Changamire	10	Becker	2:26.29q	
7	Kendall Lamp	11	Becker	2:26.61q	
8	Amelia Horton	10	Princeton	2:26.75q	
9	Hadley Koehler	9	Princeton	2:28.89	
10	Elsie Jagusch	9	Big Lake	2:31.77	
11	Lexi Garceau	8	Foley	2:42.05	
12	Chloe Hanson	9	Milaca	2:42.24	
13	Chloe Roeschlein	10	Milaca	2:46.03	
14	Alayna Haller	9	St. Francis	2:48.45	
15	Baling Jiech	9	St. Cloud Tech	2:49.04	
16	Hazel Guldseth	9	Big Lake	2:50.36	
17	Greta Merchant	11	Foley	2:51.62	
18	Penelope Beaman	9	St. Francis	2:52.22	
19	Elka Sowada	12	Sauk Rapids-Rice	2:56.42	
20	Rachel Berry	9	PACT/Legacy	2:59.07	
21	Lilyana Bruins	10	St. Francis	3:00.77	
22	Breanna Otteson	10	Sauk Rapids-Rice	3:03.25	
---	Aubrey Lesyinski	8	Spectrum	DNS	
---	Britteny Kroska	11	Foley	DNS	
---	Ellen Negus	9	Spectrum	DNS	

Girls 800 Meter Run

Section: 2:18.66 S 6/2/2023 Hailee Zimpel

2:18.71 QUAL State Qualifier

	Name	Yr	School	Finals	
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Finals

1	Hope Beck	12	Spectrum	2:17.29SQUAL	
2	Marissa Bouley	10	Zimmerman	2:17.67SQUAL	
3	Zili Lenzner	11	St. Cloud Apollo	2:17.75SQUAL	
4	Katelyn Brower	12	Becker	2:21.66	5
5	Kendall Lamp	11	Becker	2:25.95	4
6	Adele Changamire	10	Becker	2:26.61	3
7	Amelia Horton	10	Princeton	2:28.82	2
8	Maren Nelson	11	St. Cloud Tech	2:33.76	1

MSHSL Section 5AA Championships
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Girls 1600 Meter Run

Section: 4:59.71 S 5/30/2024 Isabel Mahoney
5:09.80 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Anniston Rolf	10	St. Francis	5:06.01 QUAL
2 Hannah Boese	12	Spectrum	5:06.75 QUAL
3 Ava Erdmann	10	Sauk Rapids-Rice	5:36.16 6
4 Mia Opsahl	11	Zimmerman	5:37.38 5
5 Madison Fisher	12	Zimmerman	5:39.58 4
6 Anna Wynia	9	Becker	5:44.63 3
7 Sydnee Bull	8	Becker	5:47.25 2
8 Laney Hodel	10	Becker	5:50.93 1
9 Elsie Jagusch	9	Big Lake	5:54.03
10 Savanna Damiani	10	St. Francis	5:59.17
11 Jenna Anderson	9	PACT/Legacy	5:59.28
12 Sky White	10	St. Francis	5:59.62
13 Hannah Kurtz	9	Princeton	6:05.83
14 Chloe Roeschlein	10	Milaca	6:13.01
15 Mae Varilek	9	Sauk Rapids-Rice	6:21.12
16 Hazel Guldseth	9	Big Lake	6:21.95
17 Baling Jiech	9	St. Cloud Tech	6:30.65
18 Jolie Stoltenberg	12	Princeton	6:33.04
19 Grace Knudson	11	PACT/Legacy	6:34.21
20 Natalia Jones	9	Spectrum	6:37.06
21 Elka Sowada	12	Sauk Rapids-Rice	6:37.98
22 Sadie Rinowski	10	Spectrum	6:48.39
23 Naomi Hart	10	Milaca	7:22.00
24 Lola Kuchenmeister	10	St. Cloud Apollo	7:27.37
--- Mallory White	10	St. Cloud Tech	DNF

Girls 3200 Meter Run

Section: 10:32.86 S 5/28/2024 Isabel Mahoney
11:20.98 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Hannah Boese	12	Spectrum	10:55.08 QUAL
2 Anniston Rolf	10	St. Francis	11:33.21 8
3 Savannah Cunningham	8	Becker	12:39.77 6
4 Laney Hodel	10	Becker	12:43.44 5
5 Sydnee Bull	8	Becker	13:00.01 4
6 Sky White	10	St. Francis	13:02.22 3
7 Savanna Damiani	10	St. Francis	13:02.28 2
8 Jenna Anderson	9	PACT/Legacy	13:12.09 1
9 Hannah Kurtz	9	Princeton	13:42.65
10 Grace Knudson	11	PACT/Legacy	14:06.81
11 Natalia Jones	9	Spectrum	14:27.09
12 Autumn Kriefall	10	Sauk Rapids-Rice	14:45.11
13 Jolie Stoltenberg	12	Princeton	14:48.69
14 Sadie Rinowski	10	Spectrum	14:48.97
15 Ruby Darling	9	Foley	14:51.96
16 Grace Dahlin	9	Zimmerman	15:00.00
17 Haven McDougald	9	St. Cloud Apollo	15:47.59

Girls 100 Meter Hurdles

Section: 15.39 S 5/29/2025 Kailey Thompson
15.80 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Madison Hurst	10	St. Francis	15.74QUAL
2 Kylee Loren	10	PACT/Legacy	15.79QUAL
3 Tierstin Schwieger	11	Princeton	16.09QNWI
4 Lydia Frette	10	Spectrum	16.70QNWI
5 Raelee Lyon	12	Becker	16.36qNWI
6 Amira Adickes	10	Princeton	16.71qNWI
7 Wendi Peterson	12	Sauk Rapids-Rice	17.07qNWI
8 Alivia Voss	12	Big Lake	17.38qNWI
9 Xanyel Shepherd flores	10	St. Francis	17.49 NWI
10 Britta White	11	Big Lake	17.58 NWI
11 Sabonti Hussein	12	St. Cloud Tech	17.84 NWI
12 Claire Chalberg	12	Milaca	17.94 NWI
13 Miriam Miller	10	St. Francis	17.98 NWI
14 Khloe Thom	12	Becker	18.06 NWI
15 Reegan Gapinski	10	Sauk Rapids-Rice	18.10 NWI
16 Hailey Miller	12	St. Cloud Tech	18.37 NWI
17 Harper Miller	10	Becker	18.39 NWI
18 Mae Gustofson	9	Sauk Rapids-Rice	18.67 NWI
19 Ava Poseley	12	Zimmerman	19.15 NWI
20 Lorelai Terhaar	11	Foley	19.27 NWI
21 Luella Roehl	9	Milaca	19.36 NWI
22 Rory Keating	10	Foley	20.02 NWI
23 Olivia Burney	8	Spectrum	20.26 NWI
24 Izabella Price	11	St. Cloud Tech	20.77 NWI
25 Rachel Hanson	10	Spectrum	21.38 NWI
26 Sophia Fernandez	9	St. Cloud Apollo	21.48 NWI
27 Marnie Rahm	10	Foley	22.40 NWI
28 Olivia Martin-Chaffee	11	St. Cloud Apollo	22.98 NWI
29 Abigail Hedberg	9	Zimmerman	31.72 NWI
--- Kenzie Huntley	10	Princeton	DNS NWI

Girls 100 Meter Hurdles

Section: 15.39 S 5/29/2025 Kailey Thompson
15.80 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Kylee Loren	10	PACT/Legacy	15.00SQUAL
2 Madison Hurst	10	St. Francis	16.02 8
3 Tierstin Schwieger	11	Princeton	16.19 6
4 Wendi Peterson	12	Sauk Rapids-Rice	16.70 5
5 Raelee Lyon	12	Becker	16.74 4
6 Alivia Voss	12	Big Lake	17.07 3
7 Lydia Frette	10	Spectrum	17.59 2
8 Amira Adickes	10	Princeton	18.05 1

MSHSL Section 5AA Championships
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Girls 300 Meter Hurdles

Section: 46.15 S 6/2/2023 Hope Guertin
 46.76 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Kylee Loren	10	PACT/Legacy	S 44.84QUAL
2 Kali Schendzielos	10	Becker	47.68Q
3 Amira Adickes	10	Princeton	49.46Q
4 Caroline Zasoski	10	Sauk Rapids-Rice	50.57Q
5 Khloe Thom	12	Becker	49.74q
6 Tierstin Schwieger	11	Princeton	50.90q
7 Teagan Earley	11	Zimmerman	50.93q
8 Miriam Miller	10	St. Francis	52.78q
9 Sabonti Hussein	12	St. Cloud Tech	52.82
10 Harper Miller	10	Becker	52.98
11 Reegan Gapinski	10	Sauk Rapids-Rice	53.26
12 Claire Chalberg	12	Milaca	53.38
13 Hailey Miller	12	St. Cloud Tech	54.13
14 Daniella Orton	10	Spectrum	54.33
15 Luella Roehl	9	Milaca	54.41
16 Lashay White	10	St. Cloud Apollo	55.09
17 Mae Gustofson	9	Sauk Rapids-Rice	55.45
18 Britta White	11	Big Lake	55.60
19 Madison Hurst	10	St. Francis	55.90
20 Paiten Hoffman	11	St. Francis	57.46
21 Holly Marshall	10	St. Cloud Tech	57.87
22 Lorelai Terhaar	11	Foley	58.16
23 Melania Larson	10	Spectrum	58.56
24 Sophie Jarousek	9	Foley	1:03.81
25 Marnie Rahm	10	Foley	1:09.65
26 Lola Kuchenmeister	10	St. Cloud Apollo	1:14.68
--- Kenzie Huntley	10	Princeton	DNS
--- Shay France	9	Big Lake	DNS

Girls 300 Meter Hurdles

Section: 46.15 S 6/2/2023 Hope Guertin
 46.76 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Kylee Loren	10	PACT/Legacy	45.04SQUAL
2 Kali Schendzielos	10	Becker	47.12 8
3 Amira Adickes	10	Princeton	48.41 6
4 Khloe Thom	12	Becker	50.41 5
5 Caroline Zasoski	10	Sauk Rapids-Rice	50.86 4
6 Teagan Earley	11	Zimmerman	51.48 3
7 Tierstin Schwieger	11	Princeton	51.89 2
8 Miriam Miller	10	St. Francis	53.21 1

Girls 4x100 Meter Relay

Section: 50.02 S 5/29/2025 Becker
 J Reckelberg, K Thompson, K Schendzielos, S Allen
 49.76 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Spectrum		50.15 10
1) Lela Burdick 12	2) Brynn Nelson 8	
3) Angelina McClure 8	4) Alaina Burney 12	
2 Zimmerman		50.45 8
1) Jayden Petersen 11	2) Charlotte Cox 10	
3) Alexia Salwei 9	4) Emily Gardas 10	
3 Princeton		50.54 6
1) Josephine Ickler 8	2) Eliza Wagner 9	
3) Emma Morris 11	4) Adelynn Borich 10	
4 St. Francis		51.20 5
1) Alana Spindler 9	2) Leah Steenerson 12	
3) Claire Carpenter 11	4) Elsa Klein 10	
5 Milaca		51.21 4
1) Adyson Arens 11	2) Olivia Barke 11	
3) Jada Martindale 12	4) Taylar Bockoven 12	
6 Sauk Rapids-Rice		52.04 3
1) Lorraya Bronson 10	2) Linnea Travis 9	
3) Morgan Teff 11	4) Jordan Dilley 10	
7 PACT/Legacy		52.29 2
1) Violet Huerta 11	2) Rose Carson 9	
3) Kylie Trutwin 9	4) Maniyah Hopkins 7	
8 Becker		52.31 1
1) Josie Reckelberg 10	2) Kali Schendzielos 10	
3) Raelee Lyon 12	4) Salayna Allen 11	
9 Foley		52.84
1) Rory Keating 10	2) Lydia Graham 12	
3) Liz Thorsten 12	4) Olivia Sauer 12	
10 Big Lake		53.99
1) Shiloh Elliott 11	2) Nicari Chatmon 11	
3) Gabby Gardner 11	4) Evianna Hallstrom 8	
--- St. Cloud Tech		DNF
1) Janaya White 10	2) Amelia McCormick 9	
3) Weslie Schuck 12	4) Lillie Neuman 8	

Girls 4x200 Meter Relay

Section: 1:40.99 S 5/30/2024 Monticello
 S Steinbach, K Lilledahl, K Skistad, E Skistad
 1:45.08 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 PACT/Legacy		1:42.90 QUAL
1) Violet Huerta 11	2) Kylee Loren 10	
3) Sarah Carlson 10	4) Favour Adetunji 11	
2 Becker		1:46.89 8
1) Josie Reckelberg 10	2) Kali Schendzielos 10	
3) Andersyn Changamire 9	4) Salayna Allen 11	
3 Princeton		1:48.86 6
1) Adelynn Borich 10	2) Eliza Wagner 9	
3) Emma Morris 11	4) Amira Adickes 10	

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Results**Finals ... (Girls 4x200 Meter Relay)**

Team	Relay	Finals
4 Foley		1:49.72 5
1) Teegan Lohrer 10	2) Olivia Sauer 12	
3) Kylie Storkamp 11	4) Lydia Graham 12	
5 St. Cloud Tech		1:51.27 4
1) Lillie Neuman 8	2) Weslie Schuck 12	
3) Lauren Gazdzik 12	4) Reese Ruska 12	
6 Sauk Rapids-Rice		1:51.60 3
1) Lorraya Bronson 10	2) Linnea Travis 9	
3) Morgan Teff 11	4) Jordan Dilley 10	
7 St. Francis		1:51.89 2
1) Elle Herzog 12	2) Leah Steenerson 12	
3) Grace Amiot 10	4) Keira Bruins 9	
8 Milaca		1:52.17 1
1) Jada Martindale 12	2) Maggie Voss 9	
3) Teagan Taylor 9	4) Grace Voss 10	
9 Big Lake		1:55.61
1) Shiloh Elliott 11	2) Nicari Chatmon 11	
3) Alivia Voss 12	4) Britta White 11	
10 Spectrum		1:58.07
1) Sayla Dittbenner 10	2) Lara Ewert 10	
3) Emma Messer 11	4) Olivia Burney 8	

Girls 4x400 Meter Relay

Section: 4:04.80 S 5/30/2024 Monticello

A Hansen, K Lilledahl, C Branson, K Skistad

4:03.78 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 PACT/Legacy		4:06.52 10
1) Xandra Jackson 11	2) Favour Adetunji 11	
3) Liana Thompson 11	4) Sarah Carlson 10	
2 Becker		4:07.59 8
1) Kendall Lamp 11	2) Adele Changamire 10	
3) Katelyn Brower 12	4) Andersyn Changamire 9	
3 Spectrum		4:18.75 6
1) Maggie Novotny 12	2) Brynn Nelson 8	
3) Lily Beck 9	4) Hope Beck 12	
4 Sauk Rapids-Rice		4:20.78 5
1) Brooke Schoenecker 10	2) Mae Varilek 9	
3) Caroline Zasoski 10	4) Jordan Dilley 10	
5 Zimmerman		4:21.44 4
1) Madison Fisher 12	2) Teagan Earley 11	
3) Alexia Salwei 9	4) Marissa Bouley 10	
6 St. Cloud Tech		4:22.09 3
1) Isabella Frantesl 11	2) Lauren Gazdzik 12	
3) Reese Ruska 12	4) Maren Nelson 11	
7 Princeton		4:23.71 2
1) Amelia Horton 10	2) Hadley Koehler 9	
3) Lucy Dusbabek 10	4) Allyson Strandberg 12	
8 St. Cloud Apollo		4:25.03 1
1) Zili Lenzer 11	2) Lashay White 10	
3) Cleo Loyal 9	4) Isabelle Landwehr 11	

9 Foley	4:25.45
1) Teegan Lohrer 10	2) Britteny Kroska 11
3) Lexi Garceau 8	4) Kylie Storkamp 11
10 St. Francis	4:30.07
1) Cassidy Faanes 11	2) Megan Larsen 9
3) Elle Herzog 12	4) Keira Bruins 9
11 Big Lake	4:35.16
1) Gabby Gardner 11	2) Elsie Jagusch 9
3) Ingrid Hanson 9	4) Shay France 9

Girls 4x800 Meter Relay

Section: 9:42.03 S 6/2/2023 Spectrum

M Novotny, G Beck, H Boese, H Beck

9:47.23 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Becker		9:39.25 QUAL
1) Kendall Lamp 11	2) Adele Changamire 10	
3) Katelyn Brower 12	4) Andersyn Changamire 9	
2 St. Cloud Tech		10:05.89 8
1) Isabella Frantesl 11	2) Reese Ruska 12	
3) Mallory White 10	4) Maren Nelson 11	
3 PACT/Legacy		10:24.31 6
1) Xandra Jackson 11	2) Summer Peterson 9	
3) Liana Thompson 11	4) Lauren Barnes 11	
4 Sauk Rapids-Rice		11:14.82 5
1) Caroline Zasoski 10	2) Mae Varilek 9	
3) Brooke Schoenecker 10	4) Ava Erdmann 10	
5 Foley		11:15.85 4
1) Ruby Darling 9	2) Greta Merchant 11	
3) Lexi Garceau 8	4) Britteny Kroska 11	
6 St. Francis		12:04.58 3
1) Penelope Beaman 9	2) Alayna Haller 9	
3) Lilyana Bruins 10	4) Madalyn Jungbauer 9	

Girls High Jump

Section: 5-06 S 5/28/2024 Kyleigh Noble

5-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Ashlynn Mold	11	St. Francis	5-02.00 QUAL
2 Xandra Jackson	11	PACT/Legacy	J5-02.00 QUAL
3 Lindsey Hohmann	11	Princeton	5-00.00 5.5
3 Adyson Arens	11	Milaca	5-00.00 5.5
5 Caroline Zasoski	10	Sauk Rapids-Rice	4-10.00 4
6 Alivia Voss	12	Big Lake	J4-10.00 3
7 Lauren Barnes	11	PACT/Legacy	J4-10.00 2
8 Rose Marlette	12	St. Cloud Tech	4-08.00 1
9 Isabelle Landwehr	11	St. Cloud Apollo	J4-08.00
10 Jordan Dilley	10	Sauk Rapids-Rice	J4-08.00
11 Teagan Taylor	9	Milaca	4-06.00
11 Aria Deidrick	10	Becker	4-06.00
11 Allyson Strandberg	12	Princeton	4-06.00
11 Clare Schroeder	8	Sauk Rapids-Rice	4-06.00
11 Sofia Luckey	9	St. Cloud Tech	4-06.00
16 Charlotte Cox	10	Zimmerman	J4-06.00

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Finals ... (Girls High Jump)**

Name	Yr	School	Finals
16 Maggie Voss	9	Milaca	J4-06.00
18 Sophie Schoenrock	8	St. Francis	J4-06.00
--- Elya Meidal	9	PACT/Legacy	NH
--- Kelsey Swanson	9	Foley	NH
--- Janaya White	10	St. Cloud Tech	NH
--- Kendyl Nicolas	9	Becker	NH
--- Lilly Novotny	7	Zimmerman	NH
--- Alexis Swanson	12	Foley	NH
--- Lyrach Plath	9	St. Francis	NH
--- Kaley Johnson	8	Foley	DNS

Girls Pole Vault

Section: 11-09 S 5/29/2025 Taylar Bockoven
10-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Taylar Bockoven	12	Milaca	12-03.00SQUAL
2 Sophia Otto	10	Becker	9-11.00 8
3 Cambell Remus	11	PACT/Legacy	9-02.00 6
4 Jada Martindale	12	Milaca	8-08.00 5
5 Abrielle Lyon	8	Becker	8-02.00 4
6 Paris Pietrzak	11	Foley	J8-02.00 2.5
6 Adriana Wiggins	9	Big Lake	J8-02.00 2.5
8 Maya Sowinski	12	St. Francis	7-08.00 0.3
8 Avery Wurm	10	Becker	7-08.00 0.3
8 Rachel Hanson	10	Spectrum	7-08.00 0.3
11 Nia Thompson	8	Zimmerman	J7-08.00
11 Laura Kohl	12	Princeton	J7-08.00
13 Ella Pundsack	10	Milaca	J7-08.00
14 Sophie Kirkeby	8	Foley	7-02.00
14 Amelia Reker	12	Sauk Rapids-Rice	7-02.00
14 Ella Lamberg	8	Foley	7-02.00
17 Callie Hoffman	9	St. Francis	J7-02.00
18 Leila Mulheron	12	Princeton	J7-02.00
--- Jayda Welliver	9	St. Cloud Tech	NH
--- Aubrie Steckelberg	11	St. Cloud Tech	NH
--- Kathryn Marstein	10	Princeton	NH
--- Phoebe Nelson	7	Spectrum	NH
--- Jenna Coy	11	St. Francis	NH
--- Daniella Orton	10	Spectrum	NH
--- Kayla Cai	10	St. Cloud Tech	DNS
--- Sumalee Jacobson	12	Sauk Rapids-Rice	DNS

Girls Long Jump

Section: 17-06 S 5/28/2024 Lauren Hansen
16-06.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Christina Rotz	11	Zimmerman	17-07.75SQUAL
2 Taylar Bockoven	12	Milaca	17-03.75 QUAL
3 Ashlynn Mold	11	St. Francis	16-11.25 QUAL
4 Olivia Sauer	12	Foley	16-08.50 QUAL
5 Lauren Gazdzik	12	St. Cloud Tech	16-08.25 QUAL
6 Lela Burdick	12	Spectrum	16-04.25 3

7 Lashay White	10	St. Cloud Apollo	16-02.50 2
8 Morgan Teff	11	Sauk Rapids-Rice	6-01.75 1
9 Gabby Gardner	11	Big Lake	16-00.00 0.1
10 Janaya White	10	St. Cloud Tech	15-11.25 +0.0
11 Josie Reckelberg	10	Becker	15-11.00 +0.0
12 Jayden Petersen	11	Zimmerman	15-10.50 +0.0
13 Alaina Burney	12	Spectrum	15-06.75 +0.0
14 Stella Prokott	9	Becker	15-06.25 +0.0
15 Madison Hurst	10	St. Francis	15-05.00 +0.0
16 Lillie Neuman	8	St. Cloud Tech	15-04.75 0.3
17 Lydia Frette	10	Spectrum	15-04.50 1.5
18 Naomi Huizenga	12	Big Lake	15-03.00 +0.0
19 Lindsey Hohmann	11	Princeton	15-00.25 +0.0
20 Adrianna Golding	9	PACT/Legacy	14-09.75 0.2
21 Teagan Taylor	9	Milaca	14-08.25 1.0
21 Alexis Swanson	12	Foley	14-08.25 +0.0
23 Mariame Dioumessy	12	Sauk Rapids-Rice	4-08.00 0.3
24 Abigail Massmann	11	Sauk Rapids-Rice	4-06.50 0.1
25 Olivia Barke	11	Milaca	14-06.25 +0.0
25 Ava Poseley	12	Zimmerman	14-06.25 0.2
27 Paiten Hoffman	11	St. Francis	13-11.00 +0.0
28 Liz Thorsten	12	Foley	13-09.00 +0.0
29 Payton Heineman	10	PACT/Legacy	13-05.50 +0.0
30 Elya Meidal	9	PACT/Legacy	13-03.00 0.2
31 Amaya Nelson	9	Princeton	12-09.75 0.3
32 Rulena Monibah	11	St. Cloud Apollo	12-04.75 +0.0
33 Sophia Fernandez	9	St. Cloud Apollo	10-09.25 0.9
--- Evianna Hallstrom	8	Big Lake	FOUL
--- Adelynn Borich	10	Princeton	FOUL
--- Salayna Allen	11	Becker	DNS NWI

Girls Triple Jump

Section: 35-09 S 5/30/2024 Lauren Hansen
35-06.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Ashlynn Mold	11	St. Francis	36-01.00 QUAL
2 Gabby Gardner	11	Big Lake	34-09.25 8
3 Christina Rotz	11	Zimmerman	34-01.00 6
4 Eliza Wagner	9	Princeton	34-00.00 5
5 Lydia Frette	10	Spectrum	33-09.00 4
6 Naomi Huizenga	12	Big Lake	33-04.00 3
7 Sophia Otto	10	Becker	32-07.50 2
8 Lauriel Benoit	10	Sauk Rapids-Rice	32-03.25 1
9 Adrianna Golding	9	PACT/Legacy	31-10.00 1.8
10 Grace Voss	10	Milaca	31-08.50 1.4
11 Alyssa Kinney	11	Becker	31-08.25 1.8
12 Xanyel Shepherd flores	10	St. Francis	31-04.75 2.2
13 Wendi Peterson	12	Sauk Rapids-Rice	31-00.75 3.0
14 Hannah Solorz	12	Sauk Rapids-Rice	30-08.00 2.9
15 Alexis Swanson	12	Foley	30-05.25 1.1
16 Liz Thorsten	12	Foley	30-03.50 1.9
17 Lily Beck	9	Spectrum	29-02.25 2.0
18 Shannon Menz	9	Zimmerman	J29-02.25 1.5
19 Daniella Orton	10	Spectrum	29-01.25 0.8
20 Paiten Hoffman	11	St. Francis	29-00.00 2.6

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Finals ... (Girls Triple Jump)**

	Name	Yr	School	Finals
21	Golden Gearhart	9	Princeton	28-08.50 0.9
22	Holly Marshall	10	St. Cloud Tech	28-07.50 0.8
23	Mallory White	10	St. Cloud Tech	27-09.75 1.7
24	Ava Poseley	12	Zimmerman	26-08.75 1.0
25	Madelyn Aune	10	PACT/Legacy	25-00.50 0.6
---	Kali Schendzielos	10	Becker	FOUL

Girls Shot Put

Section: 37-00 S 6/3/2022 Graycee Roubinek

36-01.00 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	Ella Tschida	9	Becker	38-02.25SQUAL
2	Audrey Rettke	12	PACT/Legacy	37-11.25SQUAL
3	Sophia Marshall	12	St. Francis	36-03.00 QUAL
4	Clara Foss	12	Foley	34-10.00 5
5	Lauren Duvall	12	Zimmerman	J34-10.00 4
6	Alexia Murphy	11	PACT/Legacy	34-09.00 3
7	Isabelle Landwehr	11	St. Cloud Apollo	33-05.00 2
8	Keira Gulickson	12	Zimmerman	33-04.00 1
9	Jolie-Esther Teboh	11	St. Cloud Tech	33-01.50
10	Brooke Donelson	8	Becker	31-10.00
11	Paige Swendra	10	Foley	J31-10.00
12	Alayna Palmer	11	Zimmerman	30-09.00
13	Chelsea Virchow	11	St. Francis	J30-09.00
14	Andrea Lingbeek	11	Spectrum	30-04.75
15	Abby Wheeler	11	Foley	30-00.25
16	Phoenix Sirmans-Stuckey	11	Princeton	29-01.75
17	Abby Baker	12	Princeton	28-10.00
18	Shannon Isakson	12	St. Francis	28-09.75
19	Lauren Vanvickle	12	Sauk Rapids-Rice	28-08.25
20	Willa Kersten	10	Princeton	27-00.75
21	Anna Tye	10	Milaca	26-11.00
22	Greta Schwirtz	12	Big Lake	26-09.50
23	Khloe Webeck	10	Milaca	26-07.50
24	Brynn Koste	12	Becker	26-07.25
25	Addison Frank	10	Sauk Rapids-Rice	26-00.75
26	Chikayima Gerald-Ugwu	10	St. Cloud Tech	25-10.75
27	Nevaeh Rademacher	12	Sauk Rapids-Rice	25-09.25
28	Margaret Sanborn	12	St. Cloud Tech	24-05.50
29	Lucy Heringlake	12	St. Cloud Apollo	24-00.25
30	Britta Vagle	12	Big Lake	23-00.00
31	Lydia Peterson	11	Spectrum	22-08.25
32	Addison Paxson	10	Spectrum	21-11.00
33	Emmarie Pompey	9	St. Cloud Apollo	21-10.00
34	Emma Conklin	12	Big Lake	18-08.50

Girls Shot Put Wheelchair

Section: 20-00.75 S 5/30/2024 Tayla Gassman

	Name	Yr	School	Finals
Finals				
1	Tayla Gassman	12	Big Lake	J21-08.00S 1
2	LiYun Nelson	11	St. Cloud Tech	J11-08.50

Girls Discus Throw Wheelchair

Section: 41-01.50 S 5/28/2024 Tayla Gassman

	Name	Yr	School	Finals
Finals				
1	Tayla Gassman	12	Big Lake	J48-04S 1
2	LiYun Nelson	11	St. Cloud Tech	J25-10

Girls Discus Throw

Section: 127-05 S 5/31/2023 Brooke Mushatt

110-02 QUAL State Qualifier

	Name	Yr	School	Finals
Finals				
1	Lauren Duvall	12	Zimmerman	122-08.00 QUAL
2	Abby Wheeler	11	Foley	109-07.00 8
3	Keira Gulickson	12	Zimmerman	109-03.00 6
4	Zoey Olson	12	St. Francis	105-01.00 5
5	Sophia Marshall	12	St. Francis	102-08.00 4
6	Emily Schoenrock	11	St. Francis	102-04.00 3
7	Lauren Vanvickle	12	Sauk Rapids-Rice	102-01.00 2
8	Brooke Donelson	8	Becker	100-02.00 1
9	Caylin Zins	10	Sauk Rapids-Rice	98-10.00
10	Clara Foss	12	Foley	95-06.00
11	Alexia Murphy	11	PACT/Legacy	91-09.00
12	Alayna Palmer	11	Zimmerman	91-02.00
13	Jolie-Esther Teboh	11	St. Cloud Tech	91-00.00
14	Greta Schwirtz	12	Big Lake	90-09.00
15	Isabelle Landwehr	11	St. Cloud Apollo	89-07.00
16	Lucy Heringlake	12	St. Cloud Apollo	89-02.00
17	Lydia Peterson	11	Spectrum	88-10.00
18	Andrea Lingbeek	11	Spectrum	86-11.00
19	Mariame Dioumessy	12	Sauk Rapids-Rice	84-11.00
20	Mick Dudek	11	Princeton	84-04.00
21	Chikayima Gerald-Ugwu	10	St. Cloud Tech	81-11.00
22	Ella Tschida	9	Becker	80-01.00
23	Britta Vagle	12	Big Lake	79-01.00
24	Addison Paxson	10	Spectrum	78-10.00
25	Raelee Lyon	12	Becker	76-06.00
26	Audrey Rettke	12	PACT/Legacy	75-02.00
27	Reese Lietha	11	St. Cloud Tech	73-00.00
28	Azalea Tesch	9	Milaca	70-04.00
29	Mya Swanson	12	Princeton	68-10.00
30	Anna Tye	10	Milaca	64-03.00
31	Abby Baker	12	Princeton	62-07.00
32	Khloe Webeck	10	Milaca	62-03.00
33	Paige Bosshart	12	Foley	60-07.00
34	Madelyn Aune	10	PACT/Legacy	60-01.00
35	Emmarie Pompey	9	St. Cloud Apollo	47-09.00
36	Emma Conklin	12	Big Lake	44-10.00

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026
Results

Boys 100 Meter Dash

Section: 10.55 S 6/3/2022 Max Reis
 11.02 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Mason Spence	12	Zimmerman	10.90QUAL
2 Evan Hardy	11	Sauk Rapids-Rice	11.04QNWI
3 Connor Winkelman	11	Sauk Rapids-Rice	11.05QNWI
4 Connor Bittner	10	St. Francis	11.08QNWI
5 Jon Brown	10	Foley	11.37QNWI
6 Owen Darsow	10	St. Francis	11.24q NWI
7 Jestin Glidden	12	Zimmerman	11.27q NWI
8 Ethan Kunstleben	12	St. Cloud Apollo	11.35q NWI
9 Tristan Kowalkowski	11	Becker	11.40 NWI
10 Alec Grew	10	Big Lake	11.47 NWI
11 Michael Blaisdell	11	Foley	11.53 NWI
12 RJ Houle	11	Becker	11.58 NWI
13 Casen Maksymchuk	9	St. Francis	11.60 NWI
14 Aaron Daniels	12	Spectrum	11.70 NWI
15 Archie Tabatt	10	Milaca	11.73 NWI
16 My Kha Phan	12	Sauk Rapids-Rice	11.76 NWI
17 Drake Carroll	11	Milaca	11.78 NWI
18 Levi Sauer	11	Foley	11.79 NWI
19 Blake Weisz	9	Becker	11.80 NWI
20 Peyton Jendro	10	Princeton	11.80 NWI
21 Ro'Marion Geder	12	St. Cloud Tech	11.84 NWI
22 Elijah Miller	12	Spectrum	11.94 NWI
23 Landen Alderman	9	Princeton	11.94 NWI
24 Alexander Payton	12	St. Cloud Tech	11.98 NWI
25 Eric Koenen	9	PACT/Legacy	12.16 NWI
26 Kinden Hamilton	10	Big Lake	12.17 NWI
27 Josh Dupre	12	Big Lake	12.22 NWI
28 Henry Condon	11	St. Cloud Tech	12.26 NWI
29 Jace Durkee	12	St. Cloud Apollo	12.32 NWI
30 Clifton Miller	12	St. Cloud Apollo	12.37 NWI
31 Riley Olson	11	PACT/Legacy	12.55 NWI
32 Finley Roman	12	Zimmerman	12.62 NWI
33 Dylan Lorge	11	Princeton	12.83 NWI
34 Andrew Dart	10	PACT/Legacy	12.87 NWI

Boys 100 Meter Dash

Section: 10.55 S 6/3/2022 Max Reis
 11.02 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Mason Spence	12	Zimmerman	11.05 10
2 Connor Winkelman	11	Sauk Rapids-Rice	11.05 8
3 Evan Hardy	11	Sauk Rapids-Rice	11.13 6
4 Connor Bittner	10	St. Francis	11.20 5
5 Owen Darsow	10	St. Francis	11.35 4
6 Ethan Kunstleben	12	St. Cloud Apollo	11.42 3
7 Jon Brown	10	Foley	11.43 2
8 Jestin Glidden	12	Zimmerman	11.50 1

Boys 200 Meter Dash

Section: 22.01 S 5/29/2025 Carter Reckelberg
 22.59 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Mason Spence	12	Zimmerman	22.16QUAL
2 Connor Winkelman	11	Sauk Rapids-Rice	22.21QUAL
3 Jon Brown	10	Foley	22.35QUAL
4 Evan Hardy	11	Sauk Rapids-Rice	22.39QUAL
5 Jestin Glidden	12	Zimmerman	22.65QNWI
6 Tristan Kowalkowski	11	Becker	22.40q QUAL
7 Owen Darsow	10	St. Francis	22.87q NWI
8 Noah Schmit	12	Zimmerman	22.94q NWI
9 RJ Houle	11	Becker	22.95 NWI
10 Alec Grew	10	Big Lake	23.05 NWI
11 Colten Schommer	11	PACT/Legacy	23.18 NWI
12 Abraham Nebo Jr.	12	Big Lake	23.43 NWI
13 John Fischer	12	Spectrum	23.58 NWI
14 Riley Feia	9	Sauk Rapids-Rice	23.67 NWI
15 Kaden Kowitz	8	Foley	23.69 NWI
16 Nick Schmitz	12	Milaca	23.69 NWI
17 Ryan Guntzel	12	Spectrum	23.71 NWI
18 Archie Tabatt	10	Milaca	23.71 NWI
19 Peyton Jendro	10	Princeton	23.82 NWI
20 Adam Jordan	12	St. Francis	24.04 NWI
21 Blake Herbrand	8	Foley	24.07 NWI
22 Harper Brouhard	10	St. Francis	24.16 NWI
23 Logan Phillips	9	Big Lake	24.39 NWI
24 Ethan Basgall	11	Becker	24.41 NWI
25 Aden Frischholz	12	Spectrum	24.46 NWI
26 Brayden Strickler	12	St. Cloud Tech	24.70 NWI
27 Jace Durkee	12	St. Cloud Apollo	24.80 NWI
28 Eric Koenen	9	PACT/Legacy	24.85 NWI
29 Ro'Marion Geder	12	St. Cloud Tech	24.93 NWI
30 Henry Condon	11	St. Cloud Tech	24.97 NWI
31 Riley Olson	11	PACT/Legacy	25.56 NWI
32 Ryne Nguyen	12	St. Cloud Apollo	26.24 NWI
--- Clifton Miller	12	St. Cloud Apollo	DNS NWI

Boys 200 Meter Dash

Section: 22.01 S 5/29/2025 Carter Reckelberg
 22.59 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Connor Winkelman	11	Sauk Rapids-Rice	22.25 QUAL
2 Evan Hardy	11	Sauk Rapids-Rice	22.30 QUAL
3 Jon Brown	10	Foley	22.49 QUAL
4 Tristan Kowalkowski	11	Becker	22.67 5
5 Jestin Glidden	12	Zimmerman	22.83 4
6 Noah Schmit	12	Zimmerman	23.04 3
7 Owen Darsow	10	St. Francis	23.23 2
--- Mason Spence	12	Zimmerman	DNS +0.0

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026
Results

Boys 400 Meter Dash

Section: 49.08 S 6/2/2023 Brady Johnson
 50.97 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Michael Onyinkwa	12	PACT/Legacy	50.20QUAL
2 Connor Bittner	10	St. Francis	50.58QUAL
3 Isiah Boyer	11	Becker	51.10Q
4 John Fischer	12	Spectrum	52.39Q
5 Mahkai Daye	10	St. Cloud Tech	52.44q
6 Sam Haedt	11	Milaca	52.51q
7 William Lange	12	Princeton	52.64q
8 Michael Blaisdell	11	Foley	52.78q
9 William Romero	11	St. Francis	53.20
10 Andrew Rindels	11	Zimmerman	54.00
11 Bekett Scheffler	9	Becker	54.52
12 Sebastian Garcia	11	Zimmerman	54.82
13 Brandt Hemmelgarn	10	Becker	54.83
14 Timothy Kilanowski	8	St. Cloud Apollo	55.12
15 Luke Connors	10	Princeton	55.21
16 Parker Maertens	11	Sauk Rapids-Rice	55.39
17 Henry Condon	11	St. Cloud Tech	55.52
18 Nathan Hounkpati	10	St. Cloud Apollo	55.68
19 Will Swenson	11	Foley	56.00
20 Judd Layton	10	Big Lake	56.35
21 Colton Burman	11	St. Francis	56.52
22 Bayden Brenteson	11	Princeton	56.97
23 Donald Conrad	12	St. Cloud Tech	57.30
24 Griffin Nelson	12	Milaca	57.98
25 Grant Anderson	11	Foley	59.33
26 Adriell Jauregui	11	Spectrum	59.65
27 Calvin Hafstad	10	St. Cloud Apollo	1:01.14
28 Andrew Van Gorp	8	PACT/Legacy	1:03.01
--- Nathaniel Soden	11	Spectrum	DNS
--- Maurice Yekeku	11	Big Lake	DNS

Boys 400 Meter Dash

Section: 49.08 S 6/2/2023 Brady Johnson
 50.97 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Michael Onyinkwa	12	PACT/Legacy	49.54 QUAL
2 Connor Bittner	10	St. Francis	50.24 QUAL
3 Isiah Boyer	11	Becker	51.46 6
4 Sam Haedt	11	Milaca	51.80 5
5 William Lange	12	Princeton	52.10 4
6 John Fischer	12	Spectrum	52.33 3
7 Michael Blaisdell	11	Foley	52.89 2
--- Mahkai Daye	10	St. Cloud Tech	FS

Boys 800 Meter Run

Section: 1:54.87 S 5/27/2025 Jack Leuer
 1:57.74 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Kyle Swanson	11	St. Francis	2:01.97Q
2 Trent Erickson	12	Big Lake	2:04.19Q
3 Ryan Karls	12	St. Cloud Apollo	2:04.33Q
4 Jack Montgomery	11	PACT/Legacy	2:05.32Q
5 Evan Hubbard	12	Becker	2:02.05q
6 Landon Lowe	11	St. Cloud Tech	2:04.42q
7 Eli Henning	10	Big Lake	2:05.10q
8 Ian Lange	10	Princeton	2:05.93q
9 Gavin Mulheron	11	Princeton	2:08.50
10 Will Lyrenmann	11	Foley	2:12.18
11 Jameson Cox	11	Zimmerman	2:14.65
12 Logan Wiskur	11	Zimmerman	2:16.22
13 Michael Geranen	11	Milaca	2:16.54
14 Zachary Busch	10	Foley	2:17.27
15 Zane Edwardson	8	Spectrum	2:18.89
16 Hunter Montgomery	9	PACT/Legacy	2:20.20
17 Jack Bouley	12	Zimmerman	2:20.24
18 Darren Lamson	9	St. Francis	2:21.00
19 Alex Guntzel	12	Spectrum	2:22.40
20 Marcus Wade	12	St. Cloud Tech	2:22.62
21 Rylee Hass	10	St. Francis	2:24.36
22 Garrett Kankelfitz	10	Foley	2:25.96
23 Parker Anacker	8	Spectrum	2:27.98
24 Owen Caneday	11	PACT/Legacy	2:31.94
25 Liam Tzun	9	St. Cloud Apollo	2:38.89
26 Cameron Pick	9	St. Cloud Apollo	2:39.76

Boys 800 Meter Run

Section: 1:54.87 S 5/27/2025 Jack Leuer
 1:57.74 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Landon Lowe	11	St. Cloud Tech	2:00.13 10
2 Trent Erickson	12	Big Lake	2:00.21 8
3 Jack Montgomery	11	PACT/Legacy	2:00.41 6
4 Evan Hubbard	12	Becker	2:01.23 5
5 Ryan Karls	12	St. Cloud Apollo	2:03.77 4
6 Kyle Swanson	11	St. Francis	2:03.98 3
7 Ian Lange	10	Princeton	2:05.26 2
8 Eli Henning	10	Big Lake	2:10.32 1

Boys 1600 Meter Run

Section: 4:15.44 S 5/30/2024 Owen Layton
 4:22.15 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Ryder Mold	9	St. Francis	4:27.87 10
2 Kaleb Jones	11	Spectrum	4:30.33 8
3 Ryan Karls	12	St. Cloud Apollo	4:32.64 6

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Finals ... (Boys 1600 Meter Run)**

	Name	Yr	School	Finals	
4	Judah Beck	10	St. Cloud Tech	4:33.23	5
5	Preston Holewa	12	Foley	4:36.10	4
6	William Ogilvy	10	Princeton	4:42.64	3
7	Alex Swanson	12	Becker	4:46.45	2
8	Theo Johnson	11	Big Lake	4:49.84	1
9	Holden Hubbard	10	Becker	5:03.43	
10	Tyler Love	9	St. Cloud Tech	5:08.92	
11	Grayson Stumpf	10	Princeton	5:08.99	
12	Samuel Anderson	10	Zimmerman	5:09.23	
13	Ashton Rolf	12	St. Francis	5:12.12	
14	Logan Kitzberger	10	Zimmerman	5:14.57	
15	Isaac Pryde	9	St. Cloud Apollo	5:16.67	
16	Michael Geranen	11	Milaca	5:17.99	
17	Isaiah Tazelaar	12	PACT/Legacy	5:19.32	
18	Clayton Hofteig	9	Spectrum	5:19.96	
19	Marcus Wade	12	St. Cloud Tech	5:20.60	
20	Hunter Montgomery	9	PACT/Legacy	5:22.09	
21	Justin Kessel	9	St. Francis	5:22.91	
22	Evan Hitter	10	Big Lake	5:23.81	
23	Grady Wendt	12	Zimmerman	5:26.86	
24	Garrett Malik	11	PACT/Legacy	5:38.79	
25	Elijah Rajkowski	12	Sauk Rapids-Rice	6:00.10	
---	Otis Karger-Gatzow	8	St. Cloud Apollo	DNS	
---	Jakob Madgwick	10	Sauk Rapids-Rice	DNS	

Boys 3200 Meter Run

Section: 9:22.05 S 5/31/2023 Owen Layton
 9:36.64 QUAL State Qualifier

	Name	Yr	School	Finals	
Finals					
1	Tanner Felton	12	Becker	9:31.51	QUAL
2	Ryder Mold	9	St. Francis	9:42.34	8
3	Gavin Flavin	12	Big Lake	9:49.54	6
4	Preston Holewa	12	Foley	9:53.43	5
5	Kaleb Jones	11	Spectrum	9:55.46	4
6	Parker Spindler	12	Becker	10:21.94	3
7	Alex Swanson	12	Becker	10:22.00	2
8	Max Baron	10	Big Lake	10:54.73	1
9	Ashton Rolf	12	St. Francis	10:59.72	
10	Kyle Swanson	11	St. Francis	11:08.70	
11	Samuel Anderson	10	Zimmerman	11:15.02	
12	Declan Cox	7	Zimmerman	11:26.28	
13	Oliver Otte	8	Princeton	11:26.38	
14	Isaiah Tazelaar	12	PACT/Legacy	11:32.58	
15	Nolan Brenteson	8	Princeton	11:46.52	
16	Isaac Pryde	9	St. Cloud Apollo	11:47.23	
17	Austen Luke	12	Zimmerman	12:56.11	

Boys 110 Meter Hurdles

Section: 14.92 S 5/30/2024 Owen Angell
 15.16 QUAL State Qualifier

	Name	Yr	School	Prelims	
Preliminaries					
1	Andrew Fischer	11	Becker	15.97	QNWI
2	Andrew Scapanski	11	Sauk Rapids-Rice	16.41	QNWI
3	Charles Narcum	12	St. Francis	16.50	QNWI
4	Daniel Barrett	10	Sauk Rapids-Rice	16.07	q NWI
5	Jayce Boswell	9	Princeton	16.70	q NWI
6	George Roehl	11	Milaca	16.87	q NWI
7	Emory Fern	12	St. Cloud Tech	17.19	q NWI
8	Gavin Dommer	11	St. Francis	17.32	q NWI
9	Jackson Roehl	11	Big Lake	17.65	NWI
10	Brady Hanson	11	Zimmerman	18.07	NWI
11	Alexander Romagnoli	9	Princeton	18.46	NWI
12	Logan Wells	12	Zimmerman	18.51	NWI
13	Kayden Chanthara	10	Princeton	18.66	NWI
14	Trey Bailey	11	St. Cloud Tech	19.17	NWI
15	Ryan Hommerding	8	Foley	20.63	NWI
16	Ethan Stay	12	Zimmerman	20.65	NWI
17	Ty Patnode	10	Milaca	20.83	NWI
18	Lennox Dixon	8	Spectrum	21.57	NWI
19	Jacob Scholtz	9	Spectrum	23.31	NWI
---	Joseph Habarugira	9	Big Lake	DNS	NWI

Boys 110 Meter Hurdles

Section: 14.92 S 5/30/2024 Owen Angell
 15.16 QUAL State Qualifier

	Name	Yr	School	Finals	
Finals					
1	Andrew Scapanski	11	Sauk Rapids-Rice	15.96	10
2	Andrew Fischer	11	Becker	16.07	8
3	Daniel Barrett	10	Sauk Rapids-Rice	16.19	6
4	Charles Narcum	12	St. Francis	16.26	5
5	Emory Fern	12	St. Cloud Tech	16.32	4
6	George Roehl	11	Milaca	16.65	3
7	Jayce Boswell	9	Princeton	16.69	2
8	Gavin Dommer	11	St. Francis	17.15	1

Boys 300 Meter Hurdles

Section: 39.73 S 5/30/2024 Owen Angell
 40.27 QUAL State Qualifier

	Name	Yr	School	Prelims	
Preliminaries					
1	Andrew Fischer	11	Becker	41.30	Q
2	Charles Narcum	12	St. Francis	41.99	Q
3	Bennett Knutson	12	St. Cloud Apollo	43.74	Q
4	Daniel Barrett	10	Sauk Rapids-Rice	43.18	q
5	Jayce Boswell	9	Princeton	43.30	q
6	George Roehl	11	Milaca	43.75	q
7	Trey Bailey	11	St. Cloud Tech	44.53	q
8	Mitchell Thompson	10	Zimmerman	44.58	q

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Preliminaries ... (Boys 300 Meter Hurdles)**

Name	Yr	School	Prelims
9 Jackson Roehl	11	Big Lake	44.62
10 Timothy Stromberg	10	PACT/Legacy	46.00
11 Dylan Lorge	11	Princeton	46.32
12 Alexander Romagnoli	9	Princeton	46.38
13 Matthias Jensen	10	St. Cloud Tech	46.96
14 Griffin Mielke	10	Zimmerman	47.22
15 Gunnar Beuning	11	St. Cloud Tech	47.72
15 Logan Wells	12	Zimmerman	47.72
17 Xavier Sik	10	St. Francis	49.01
18 Gavin Dommer	11	St. Francis	49.04
19 Theo Johnson	11	Big Lake	49.25
20 Ty Patnode	10	Milaca	50.63
21 Lennox Dixon	8	Spectrum	50.84
22 Efrain Gutierrez-Mora	12	Milaca	52.00
23 Ryan Hommerding	8	Foley	52.62
--- Joseph Habarugira	9	Big Lake	DNS

Boys 300 Meter Hurdles

Section: 39.73 S 5/30/2024 Owen Angell
 40.27 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Charles Narcum	12	St. Francis	41.17 10
2 Andrew Fischer	11	Becker	41.70 8
3 Daniel Barrett	10	Sauk Rapids-Rice	41.97 6
4 Jayce Boswell	9	Princeton	42.83 5
5 George Roehl	11	Milaca	43.14 4
6 Trey Bailey	11	St. Cloud Tech	43.61 3
7 Mitchell Thompson	10	Zimmerman	44.82 2
8 Bennett Knutson	12	St. Cloud Apollo	45.32 1

Boys 4x100 Meter Relay

Section: 42.75 S 5/29/2025 Monticello

G Staryszak, D Hausmann, C Daranijo, A Bropleh
 43.23 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Sauk Rapids-Rice		42.95 QUAL
1) My Kha Phan 12	2) Connor Winkelman 11	
3) Joseph Hoffman 11	4) Evan Hardy 11	
2 Zimmerman		43.19 QUAL
1) Jestin Glidden 12	2) Lucas Lindgren 11	
3) Noah Schmit 12	4) Mason Spence 12	
3 Foley		44.05 6
1) Michael Blaisdell 11	2) Jon Brown 10	
3) Kaden Kowitz 8	4) Levi Sauer 11	
4 Spectrum		44.38 5
1) Ryan Guntzel 12	2) Aden Frischholz 12	
3) Elijah Miller 12	4) Aaron Daniels 12	
5 Milaca		44.68 4
1) Archie Tabatt 10	2) Sam Haedt 11	
3) Nick Schmitz 12	4) Drake Carroll 11	

6 St. Francis	45.17 3
1) William Romero 11	2) Casen Maksymchuk 9
3) Logan Herzog 12	4) Harper Brouhard 10
7 Big Lake	45.23 2
1) Kinden Hamilton 10	2) Logan Phillips 9
3) Bennett Thieke 10	4) Abraham Nebo Jr. 12
8 Becker	46.37 1
1) Alex Adams 11	2) Ethan Basgall 11
3) Blake Weisz 9	4) Dalton Weisz 11
9 St. Cloud Apollo	46.72
1) Skyler Vorachith 9	2) Charlie Schleper 11
3) Jace Durkee 12	4) Conner Smelser 11
10 St. Cloud Tech	47.00
1) Gunnar Beuning 11	2) Emory Fern 12
3) Alexander Payton 12	4) Ro'Marion Geder 12
11 Princeton	47.88
1) Brekken Ronning 9	2) Kayden Chanthara 10
3) Landen Alderman 9	4) Peyton Jendro 10
--- PACT/Legacy	DNS
1) Andrew Dart 10	2) Riley Olson 11
3) Eric Koenen 9	4) John Stark 11

Boys 4x200 Meter Relay

Section: 1:29.18 S 5/29/2025 Becker

T Schendzielos, I Boyer, O Angell, C Reckelberg

1:30.11 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 St. Francis		1:30.17 10
1) Connor Bittner 10	2) Adam Jordan 12	
3) Owen Darsow 10	4) Casen Maksymchuk 9	
2 Becker		1:30.40 8
1) Justin Tarr 10	2) Tristan Kowalkowski 11	
3) Blake Weisz 9	4) RJ Houle 11	
3 PACT/Legacy		1:31.34 6
1) Colten Schommer 11	2) Noah Peterson 11	
3) David Van Gorp 11	4) Michael Onyinkwa 12	
4 Zimmerman		1:32.95 5
1) Lucas Lindgren 11	2) Jameson Smuda 11	
3) Joseph Larson 11	4) Noah Schmit 12	
5 Milaca		1:33.93 4
1) Drake Carroll 11	2) Sam Haedt 11	
3) Nick Schmitz 12	4) George Roehl 11	
6 St. Cloud Tech		1:36.84 3
1) Trey Bailey 11	2) Gunnar Beuning 11	
3) Brayden Strickler 12	4) Emory Fern 12	
7 Sauk Rapids-Rice		1:36.87 2
1) Riley Feia 9	2) Mason Ascher 10	
3) Cody Will-Robinson 11	4) Parker Maertens 11	
8 St. Cloud Apollo		1:39.28 1
1) Charlie Schleper 11	2) Nathan Hounkpati 10	
3) Ryne Nguyen 12	4) Clifton Miller 12	
9 Foley		1:40.53
1) Drew Vetter 9	2) Max Stadther 9	
3) Kieran Kent 10	4) Blake Herbrand 8	

MSHSL Section 5AA Championships
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Results

Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals
10 Princeton		1:43.21
1) Luke Connors 10	2) Dylan Lorge 11	
3) Neeko Riekens 11	4) Jack Kohl 9	
--- Big Lake		DQ
1) Josh Dupre 12	2) Kinden Hamilton 10	
3) Colton Gladen 11	4) Logan Phillips 9	

Boys 4x400 Meter Relay

Section: 3:27.70 S 5/30/2024 Monticello

D Christensen, A Smith, P Fasn, T Brouwer

3:27.87 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 PACT/Legacy		3:29.69 10
1) David Van Gorp 11	2) Colten Schommer 11	
3) Noah Peterson 11	4) Michael Onyinkwa 12	
2 Becker		3:30.49 8
1) Isiah Boyer 11	2) Evan Hubbard 12	
3) Brandt Hemmelgarn 10	4) Tanner Felton 12	
3 St. Cloud Tech		3:32.67 6
1) Mahkai Daye 10	2) Kyle Malekebu 12	
3) Landon Lowe 11	4) Alexander Payton 12	
4 Big Lake		3:33.91 5
1) Alec Grew 10	2) Gavin Flavin 12	
3) Jack Schmidt 11	4) Trent Erickson 12	
5 Spectrum		3:36.73 4
1) Aden Frischholz 12	2) Ryan Guntzel 12	
3) Kaleb Jones 11	4) John Fischer 12	
6 Princeton		3:36.86 3
1) Ian Lange 10	2) Kasen Nelson 11	
3) Jon Valdivieso 12	4) William Lange 12	
7 Foley		3:37.46 2
1) Blake Herbrand 8	2) Will Swenson 11	
3) Will Lyrenmann 11	4) Preston Holewa 12	
8 Sauk Rapids-Rice		3:37.71 1
1) Cooper Neumann 10	2) Daniel Barrett 10	
3) Noah Solarz 9	4) Parker Maertens 11	
9 Zimmerman		3:40.65
1) Lucas Lindgren 11	2) Wyatt Wick 12	
3) Nolan Wegner 12	4) Noah Roushdy 9	
10 St. Cloud Apollo		3:44.53
1) Ryan Karls 12	2) Nathan Hounkpati 10	
3) Bennett Knutson 12	4) Ethan Kunstleben 12	
11 St. Francis		3:49.92
1) Kyle Swanson 11	2) Colton Burman 11	
3) Xavier Sik 10	4) Harper Brouhard 10	

Boys 4x800 Meter Relay

Section: 8:04.89 S 6/3/2022 Big Lake

O Layton, J Leuer, K Layton, C Noble

8:12.67 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Becker		8:04.36SQUAL
1) Isiah Boyer 11	2) Evan Hubbard 12	
3) Parker Spindler 12	4) Tanner Felton 12	
2 Big Lake		8:14.83 8
1) Trent Erickson 12	2) Eli Henning 10	
3) Jack Schmidt 11	4) Gavin Flavin 12	
3 Princeton		8:25.53 6
1) William Lange 12	2) Gavin Mulheron 11	
3) William Ogilvy 10	4) Ian Lange 10	
4 St. Cloud Tech		8:32.29 5
1) Judah Beck 10	2) Gerardo Rubio 11	
3) August Marquardt 10	4) Landon Lowe 11	
5 Zimmerman		8:57.01 4
1) Andrew Rindels 11	2) Evan Sutherland 12	
3) Nolan Fisher 10	4) Jameson Cox 11	
6 Foley		9:23.24 3
1) Zachary Busch 10	2) Garrett Kankelfitz 10	
3) Grant Anderson 11	4) Will Lyrenmann 11	
7 St. Francis		9:36.92 2
1) Darren Lamson 9	2) Justin Kessel 9	
3) Rylee Hass 10	4) Joshua Mergenthal 9	
8 PACT/Legacy		9:54.53 1
1) Blake Fields 8	2) Garrett Malik 11	
3) Owen Caneday 11	4) Hunter Montgomery 9	

Boys High Jump

Section: 6-04 S 5/30/2024 Martavious Guertin

Section: 6-04 * 5/29/2025 Martavious Guertin

6-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Spencer Ackerman	12	Sauk Rapids-Rice	6-03.00 QUAL
2 Jerry Vazquez	12	Big Lake	6-00.00 8
3 Timothy Stromberg	10	PACT/Legacy	5-10.00 6
4 Dylan Kunz	12	Big Lake	J5-10.00 5
5 Teagan Totzke	10	Milaca	J5-10.00 4
6 Brady Hanson	11	Zimmerman	5-08.00 3
7 Wyatt Wick	12	Zimmerman	J5-08.00 2
8 Ethan Stay	12	Zimmerman	J5-08.00 1
9 Jon Valdivieso	12	Princeton	5-06.00
10 Daniel Barrett	10	Sauk Rapids-Rice	J5-06.00
11 Bekett Scheffler	9	Becker	J5-06.00
12 Cale Fioreck	12	Spectrum	J5-06.00
13 Jarren Mitchell	10	Spectrum	5-04.00
13 James Gamec	10	Princeton	5-04.00
15 Brayden Strickler	12	St. Cloud Tech	J5-04.00
15 Jace Koste	10	Becker	J5-04.00
15 Xavier Sik	10	St. Francis	J5-04.00
--- Andrew Powers	10	St. Francis	NH

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results**Boys Pole Vault**

Section: 15-06 S 5/27/2025 Owen Angell
13-01.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Hayden Alferness	11	Princeton	13-01.00 QUAL
2 David Van Gorp	11	PACT/Legacy	12-07.00 8
3 Bennett Thieke	10	Big Lake	12-04.00 6
4 Dalton Weisz	11	Becker	11-07.00 5
5 Logan Herzog	12	St. Francis	J11-07.00 4
6 Quintin Anderson	9	Milaca	11-04.00 3
7 Charlie Kohl	9	Zimmerman	11-01.00 2
8 Ben Burns	10	Spectrum	10-07.00 1
9 Clayton Hamacher	11	Becker	10-01.00
10 Solomon Miller	8	Princeton	J10-01.00
10 Timothy Stromberg	10	PACT/Legacy	J10-01.00
12 Brenden Marstein	12	Princeton	9-07.00
13 Brayden Olson	12	Foley	9-01.00
14 Jacob Scholtz	9	Spectrum	J9-01.00
--- Gavin Englund	12	Zimmerman	NH
--- Cale Fiereck	12	Spectrum	NH
--- Jayden Valtierrez	12	Zimmerman	NH
--- Walter Svec	10	PACT/Legacy	NH
--- Gibson Wellen	9	Sauk Rapids-Rice	NH
--- Bennett Follmuth	10	Milaca	NH
--- Jacob Williams	10	Becker	DNS

Boys Long Jump

Section: 24-08.75 S 5/29/2025 Carter Reckelberg
21-00.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Abraham Nebo Jr.	12	Big Lake	23-07.75 QUAL
2 Elijah Miller	12	Spectrum	22-04.25 QUAL
3 Evan Lamberg	12	Foley	21-09.75 QUAL
4 Charles Narcum	12	St. Francis	21-08.75 QUAL
5 Wyatt Wick	12	Zimmerman	21-07.50 QUAL
6 Andrew Theis	11	Sauk Rapids-Rice	21-07.00 QUAL
7 Joseph Larson	11	Zimmerman	21-04.75 QUAL
8 Jon Valdivieso	12	Princeton	21-04.50 QUAL
9 Ethan Kunstleben	12	St. Cloud Apollo	20-09.00 1.8
10 Parker Maertens	11	Sauk Rapids-Rice	20-07.75 1.9
11 Justin Tarr	10	Becker	20-06.25 1.8
12 RJ Houle	11	Becker	20-04.50 1.1
13 Josh Dupre	12	Big Lake	20-02.75 1.4
14 Adam Jordan	12	St. Francis	19-10.00 2.3
15 Drake Carroll	11	Milaca	19-08.50 0.1
16 Adam Wipper	11	Becker	19-08.00 1.5
17 Gavin Dommer	11	St. Francis	19-05.50 1.3
18 Benjamin Schefers	12	Foley	J19-05.50 0.1
19 Kasen Nelson	11	Princeton	19-01.75 0.9
20 Ro'Marion Geder	12	St. Cloud Tech	19-01.25 2.9
21 Teagan Totzke	10	Milaca	19-00.25 1.3
22 Jameson Smuda	11	Zimmerman	18-11.50 0.9
23 Bennett Thieke	10	Big Lake	18-08.75 0.1

24 Nichollas Brakes	11	St. Cloud Tech	18-04.00 1.1
25 Benjamin Kimman	9	Sauk Rapids-Rice	17-11.75 0.2
26 Nathan Hounkpati	10	St. Cloud Apollo	17-10.25 0.5
27 Riley Olson	11	PACT/Legacy	17-10.00 0.8
28 Brekken Ronning	9	Princeton	17-04.00 0.7
29 John Stark	11	PACT/Legacy	16-07.75 +0.0
30 Andrew Dart	10	PACT/Legacy	16-04.50 +0.0
31 Ryne Nguyen	12	St. Cloud Apollo	15-04.00 0.1
--- Feyisola Oyedokun	11	Spectrum	FOUL
--- Polo Vorachith	9	St. Cloud Tech	FOUL
--- Jakob Buerger	12	Foley	FOUL
--- Nathan Gleiter	12	Milaca	DNS NWI

Boys Triple Jump

Section: 44-05.75 S 5/27/2025 Alvin Bropleh
42-10.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Abraham Nebo Jr.	12	Big Lake	45-10.00SQUAL
2 Charles Narcum	12	St. Francis	43-08.25 QUAL
3 Wyatt Wick	12	Zimmerman	43-03.50 QUAL
4 Elijah Miller	12	Spectrum	43-01.50 QUAL
5 Jameson Smuda	11	Zimmerman	43-01.00 QUAL
6 Andrew Theis	11	Sauk Rapids-Rice	42-10.50 QUAL
7 Feyisola Oyedokun	11	Spectrum	42-10.25 QUAL
8 Joseph Larson	11	Zimmerman	J42-10.25 QUAL
9 Evan Lamberg	12	Foley	41-10.25 0.5
10 Jon Valdivieso	12	Princeton	41-03.75 +0.0
11 Jeremiah Osei	10	St. Francis	41-00.50 1.7
12 Nichollas Brakes	11	St. Cloud Tech	40-10.25 0.6
13 Ethan Kunstleben	12	St. Cloud Apollo	40-06.00 +0.0
14 Justin Tarr	10	Becker	39-02.50 0.7
15 Nick Schmitz	12	Milaca	38-10.75 1.2
16 Joshua Wiebe	10	Sauk Rapids-Rice	38-05.50 2.3
17 Benjamin Schefers	12	Foley	38-04.00 +0.0
18 Elijah Sorensen	12	Spectrum	37-08.25 0.4
19 Kasen Nelson	11	Princeton	J37-08.25 +0.0
20 Adam Wipper	11	Becker	37-03.75 0.9
21 Garek Rubel	12	Sauk Rapids-Rice	36-01.50 1.5
22 Vincent Sonczalla	11	Milaca	35-11.75 +0.0
23 Kyle Stevenson	9	Big Lake	35-08.00 1.2
24 Hunter Montgomery	9	PACT/Legacy	35-07.75 0.4
25 Bennett Thieke	10	Big Lake	35-02.75 +0.0
26 Charlie Schleper	11	St. Cloud Apollo	34-03.75 0.6
27 Ethan Basgall	11	Becker	34-03.50 0.6
28 Riley Vagts	11	St. Cloud Apollo	32-04.50 +0.0
29 Alex Piedra	9	St. Francis	32-01.25 1.6
30 Andrew Dart	10	PACT/Legacy	30-05.50 2.8
31 Zachary Johnson	11	Foley	29-00.25 +0.0

Boys Shot Put

Section: 51-10.50 S 5/31/2023 Derrick Cox-Payton
50-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Brody Owings	12	Sauk Rapids-Rice	48-02.50 10

MSHSL Section 5AA Championships
Sauk Rapids-Rice HS - 5/27/2026 to 5/28/2026

Results

Finals ... (Boys Shot Put)

Name	Yr	School	Finals
2 Zachariah Halvorson	12	Becker	45-05.75 8
3 Aaron Daniels	12	Spectrum	45-05.00 6
4 Colin Kissinger	11	Sauk Rapids-Rice	44-08.50 5
5 Evan Blackman	11	Big Lake	43-04.50 4
6 Nolan Wegner	12	Zimmerman	43-03.50 3
7 Alexander Meyer	9	Sauk Rapids-Rice	42-10.00 2
8 Samuel Bergman	12	St. Francis	42-06.50 1
9 Austin Frederickson	12	Big Lake	42-05.00
10 Aiden Hoft	11	Zimmerman	38-06.50
11 Logan Carrington	10	Becker	37-09.75
12 Vincent Sonczalla	11	Milaca	37-07.00
13 Isaac Guinn	9	St. Francis	37-06.00
14 Jonah Caswell	12	Spectrum	37-03.50
15 Jackson Debuhr	11	St. Francis	37-02.75
16 Axel LaGrew	11	Princeton	36-10.00
17 Aden Mohamed	11	St. Cloud Tech	36-07.25
18 Behr Hudkins	12	Princeton	36-04.00
19 David Payton	10	St. Cloud Tech	36-03.75
20 Hayden Solberg	11	St. Cloud Apollo	36-00.50
21 John Stark	11	PACT/Legacy	35-10.25
22 Devin Cooke	11	Zimmerman	35-06.00
23 Andrew Cooper	12	Milaca	35-03.50
24 Jack Kohl	9	Princeton	32-10.00
25 Brayden Olson	12	Foley	32-05.00
26 Teddy Roufs	11	PACT/Legacy	29-11.25
27 Austin Janisch	12	Big Lake	29-09.50
28 Jim Ackerman	9	Becker	25-05.25
29 chance Wooten	9	St. Cloud Apollo	25-05.25
30 King Words	11	St. Cloud Apollo	25-00.50
--- Ethan Brott	11	St. Cloud Tech	DNS
--- Hans Burfeind	12	Spectrum	DNS

Boys Discus Throw

Section: 164-02 S 5/29/2025 Samuel Ruid
150-05 QUAL State Qualifier

Name	Yr	School	Finals
1 Andrew Engler	12	St. Francis	135-01.00 10
2 Elijah Sorensen	12	Spectrum	130-05.00 8
3 Alexander Meyer	9	Sauk Rapids-Rice	129-07.00 6
4 Zachariah Halvorson	12	Becker	128-08.00 5
5 Nolan Wegner	12	Zimmerman	127-07.00 4
6 Aaron Daniels	12	Spectrum	122-02.00 3
7 Zachary Kardell	12	Sauk Rapids-Rice	121-09.00 2
8 Jackson Debuhr	11	St. Francis	120-10.00 1
9 Cuda Hofstede	12	Zimmerman	117-08.00
10 Colin Kissinger	11	Sauk Rapids-Rice	113-00.00
11 Austin Frederickson	12	Big Lake	112-08.00
12 Samuel Bergman	12	St. Francis	111-11.00
13 Evan Blackman	11	Big Lake	111-06.00
14 Hayden Solberg	11	St. Cloud Apollo	108-03.00
15 Brayden Olson	12	Foley	106-08.00
16 Jonah Caswell	12	Spectrum	105-08.00
17 Lochlan Compton	11	Princeton	104-02.00

18 Jace Durkee	12	St. Cloud Apollo	100-00.00
19 Logan Carrington	10	Becker	99-00.00
20 Behr Hudkins	12	Princeton	96-10.00
21 Teddy Roufs	11	PACT/Legacy	95-00.00
22 Leo Blomquest	9	Big Lake	93-06.00
23 Vincent Sonczalla	11	Milaca	90-10.00
24 Andrew Cooper	12	Milaca	89-04.00
25 John Stark	11	PACT/Legacy	88-11.00
26 Jacob Aderman	11	Zimmerman	88-01.00
27 Brenden Marstein	12	Princeton	84-11.00
28 Ty Patnode	10	Milaca	82-01.00
29 chance Wooten	9	St. Cloud Apollo	76-00.00
30 Jim Ackerman	9	Becker	55-08.00
--- Elijah Green	10	St. Cloud Tech	DNS
--- David Payton	10	St. Cloud Tech	DNS
--- Ethan Brott	11	St. Cloud Tech	DNS

Women - Team Rankings - 23 Events Scored

1) Becker	106.333
2) St. Francis	96.3333
3) Zimmerman	88
4) PACT/Legacy	87
5) Spectrum	77.3333
6) Foley	62.5
7) Sauk Rapids-Rice	47
8) Princeton	44.5
9) Milaca	34.5
10) St. Cloud Tech	26
11) Big Lake	23.5
12) St. Cloud Apollo	11

Men - Team Rankings - 18 Events Scored

1) Sauk Rapids-Rice	108
2) St. Francis	100
3) Becker	94
4) Big Lake	75
5) Zimmerman	69
6) Spectrum	57
7) PACT/Legacy	47
8) Princeton	36
8) Foley	36
8) St. Cloud Tech	36
11) Milaca	27
12) St. Cloud Apollo	15